

Saucers cafe : eats

Salad

Thai Salad chicken 16 cf* shrimp 17 cf*
romaine. rice noodles. carrots. red peppers. cucumbers.
peanuts. peanut dressing.

Mexican Salad 16 cf*
romaine. corn salsa. black beans. tomatoes. avocado.
green onions. cilantro. honey cummin lime vinaigrette.
corn chips. adobo chicken.

Caesar Salad 11
romaine. caesar dressing. croutons. parmesan.

Spinach Salad 11 cf*
spinach. mushrooms. tomatoes. red onion.
feta cheese. sundried tomato vinaigrette.

add protein

herb chicken 5 : baked salmon 7 : skewered shrimp 6

Wraps & Sandwiches

Peanut Thai Wrap 13
chicken. peanut sauce. rice noodles. lettuce. red pepper.
carrots. peanuts.

Veggie Wrap 12
arugula. avocado. roasted red pepper. cucumber.
pickled carrots. feta cheese. aioli.

Southwest Chicken Wrap 13
bbq chicken. red peppers. corn salsa. lettuce. chipotle
mayonnaise.

Chicken Salad Sandwich full 13 half 10
chicken salad. cucumber. lettuce. tomato.
mayonnaise.

Turkey & Cheese Sandwich full 13 half 10
house roasted turkey breast. provolone cheese. lettuce.
tomato. Smakdab mustard. pesto mayonnaise.

Turkey. Avocado. Bacon Sandwich 14
house roasted turkey. avocado. bacon. onion relish.
arugula. aioli. kaiser bun. served warm.

Herb Roasted Chicken Sandwich 14
herb chicken. provolone cheese. chipotle mayo.
lettuce. tomato. kaiser bun. served warm.

Chicken Brie Sandwich 15
chicken breast. brie. prosciutto. fig jam. arugula.
aioli. kaiser bun. served warm.

Pulled Pork Sandwich 13
house roasted pull pork. bbq sauce. coleslaw. kaiser.

South of the Border

Chicken Quesadillas 14
adobo chicken. cheddar cheese. mozzarella cheese.
tomatoes. green onions. sour cream. salsa.

Nachos 15 cf*
corn chips. cheddar cheese. mozzarella. tomatoes.
green onions. jalapeños. sour cream. guacamole.
salsa.
add adobo chicken 4 add pulled pork 4

Burrito 15 adobo chicken or pulled pork
Mexi rice. guajillo sauce. mozzarella cheese.
side of sour cream. guacamole. corn chips.

+ Pick a Side

Wedge Fries cf*

Soup of the day

Caesar Salad

Spinach Salad cf*

Mexican Salad add adobo chicken \$2 cf*

Thai Salad add Thai chicken \$2



make it celiac friendly...put it on lettuce

What to feed the kids ?

- cheese pizza ?
- chicken fingers ?
- cheese quesadillas ?
- turkey & cheese sandwich ?

ENTREES

Baked Chorizo Gnocchi 17
house made gnocchi. chorizo sausage. red peppers.
sun dried tomato cream sauce. garlic bread.

Baked Chicken Gnocchi 17
house made gnocchi. chicken. mushrooms.
spinach. pesto cream sauce. garlic bread.

Curry chicken 17 shrimp 19 cf*
red peppers. carrots. onions. cilantro.
green curry sauce. jasmine rice.

Chicken Satay 17
chicken skewers. peanut sauce. jasmine rice.
fresh vegetables.

Salmon 21 cf*
Baked salmon. jasmine rice. avocado.
black beans. pickled carrots. crema.

Adobo Shrimp 21 cf*
oven seared shrimp. chipotle sauce. cilantro.
Spanish rice. avocado. lime. crema



PIZZA

(house baked crust)



Chorizo & Bacon 16
house tomato sauce. chorizo sausage. bacon. red onion.
mozzarella cheese.

Spinach. Mushroom. Feta 15
pesto. spinach. roasted mushrooms. tomatoes.
mozzarella cheese. feta cheese.

BBQ Chicken 16
bbq sauce. bbq roasted chicken breast. bacon. balsamic
onions. mozzarella cheese.

Four Cheese 15
house tomato sauce. fresh tomatoes. mozzarella. feta.
cheddar. parmesan.

* cf: celiac friendly

Gratuuity added to all parties of 10 or more people.
all prices subject to PST & GST